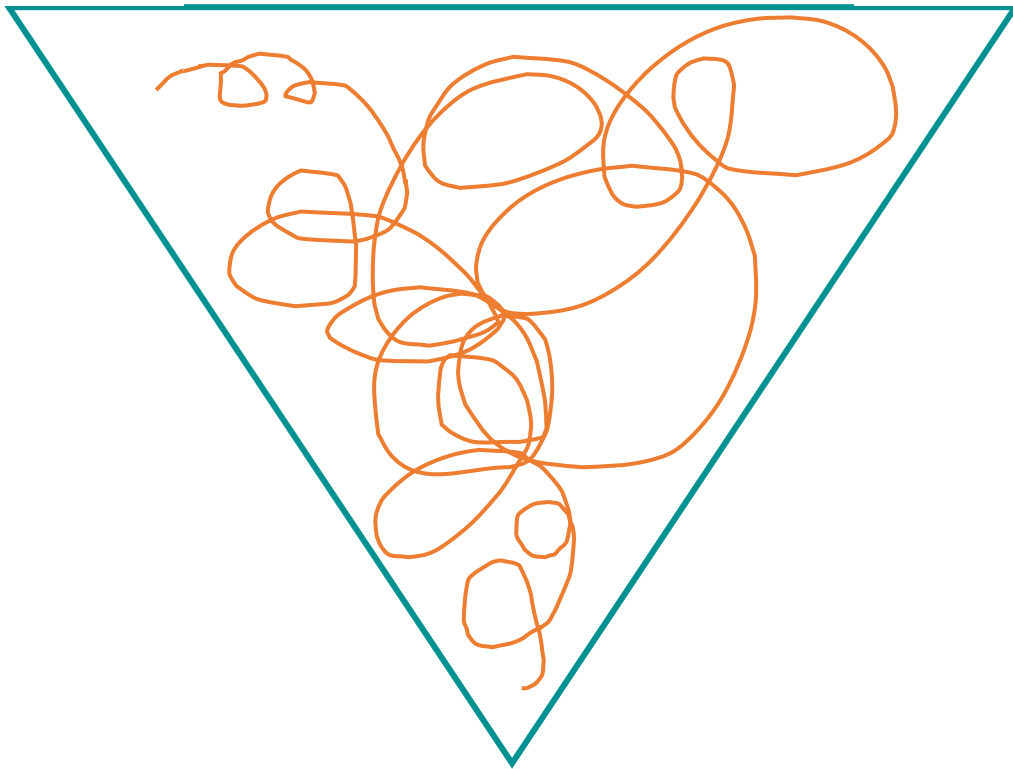


De inzichtsdriehoek

Gevoelens

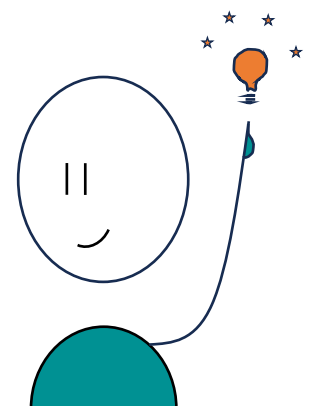
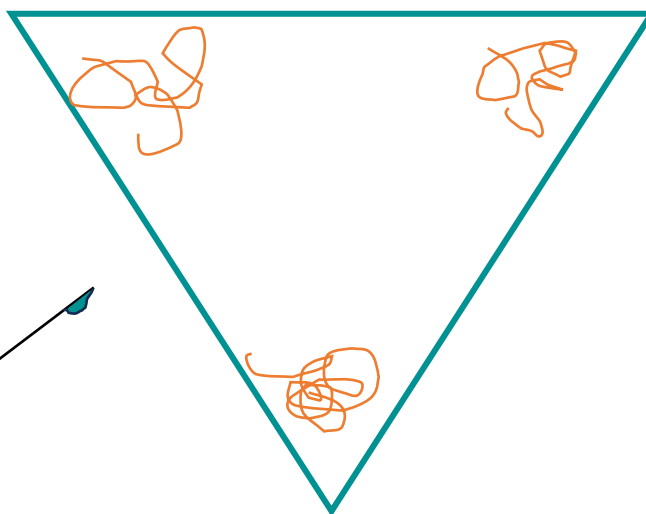
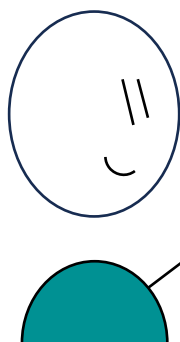
Gedachtes



Gedrag

Ik merkte dat ik boos werd

'Dat is niet eerlijk!'



Ik ging slaan